

RING SIZES

This chart gives an approximate conversion between different international sizes.

UK sizes are alphabetical.

Use a ring sizer to find your finger size - select a size that fits comfortably and will come on and off easily.

Finger sizing is never exact - fingers change constantly.

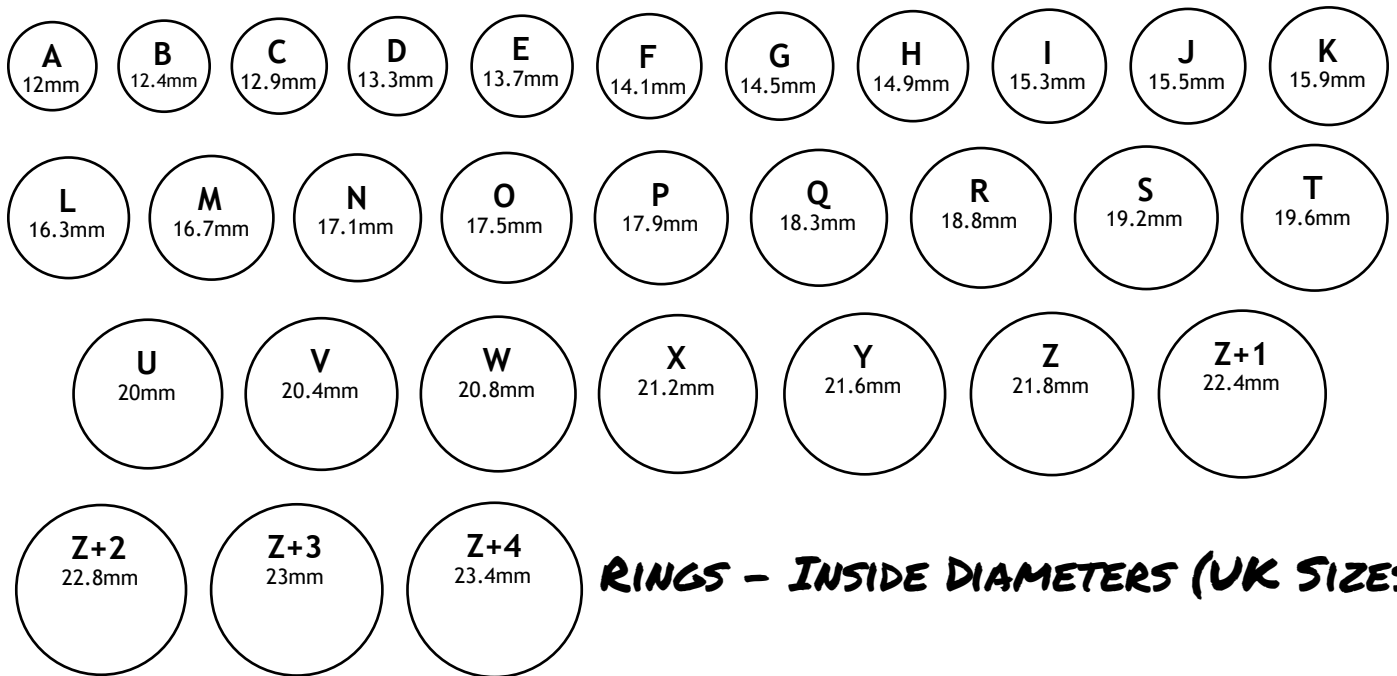
The wider the ring band, the larger the ring size will need to be, to feel comfortable, compared to a more delicate ring on the same finger.

Find your size on the chart, and identify the corresponding **inside circumference mm**.

This is the MINIMUM length of metal you need to make your ring.

The actual length needed will be longer and depend on the metal stock you use and how you work.

Inside Diameter	Inside Circumference	UK Ireland Australia New Zealand	India China Japan S. America	Italy Spain Netherlands Switzerland	USA Canada
(mm)	(mm)				
12.04	37.8	A			½
12.45	39.1	B	1		1
12.85	40.4	C		0.5	1½
13.26	41.7	D	2	1.75	2
13.67	42.9	E	3	3	2½
14.07	44.2	F	4	4.25	3
14.48	45.5	G		5.5	3½
14.88	46.8	H	7	6.75	4
15.29	48	I	8	8	4½
15.49	48.7	J		8.75	4¾
15.7	49.3	J½	9	9.25	5
15.9	50	K		10	5¼
16.1	50.6	K½	10	10.5	5½
16.31	51.2	L		11.25	5¾
16.51	51.9	L½	11	11.75	6
16.71	52.5	M	12	12.5	6¼
16.92	53.1	M½	13	13.25	6½
17.12	53.8	N		13.75	6¾
17.32	54.4	N½	14	14.5	7
17.53	55.1	O		15	7¼
17.73	55.7	O½	15	15.75	7½
17.93	56.3	P		16.25	7¾
18.14	57	P½	16	17	8
18.34	57.6	Q		17.5	8¼
18.54	58.3	Q½	17	18.25	8½
18.75	58.9	R		19	8¾
18.95	59.5	R½	18	19.5	9
19.15	60.2	S		20.25	9¼
19.35	60.8	S½	19	20.75	9½
19.56	61.4	T		21.5	9¾
19.76	62.1	T½	20	22	10
19.96	62.7	U	21	22.75	10¼
20.17	63.4	U½	22	23.25	10½
20.37	64	V		24	10¾
20.57	64.6	V½	23	24.75	11
20.78	65.3	W		25.25	11¼
20.98	65.9	W½	24	26	11½
21.18	66.6	X		26.5	11¾
21.39	67.2	X½	25	27.25	12
21.59	67.8	Y		27.75	12¼
21.79	68.5	Z	26	28.5	12½
22	69.1	Z½		29	12¾
22.2	69.7		27	29.75	13
22.4	70.4	Z1		30.5	13¼
22.61	71			31	13½
22.81	71.7	Z2		31.75	13¾
23.01	72.3	Z3		32.25	14
23.22	72.9			33	14¼
23.42	73.6	Z4		33.5	14½
23.62	74.2			34.25	14¾
23.83	74.8			34.75	15
24.03	75.5			35.5	15¼
24.23	76.1			36.25	15½
24.43	76.8			36.75	15¾



BANGLE SIZES FOR (ROUND) SOLID BANGLES

Ways to check your size; -

- Compare a bangle you wear to the chart below
- Measure around the widest part of your hand (knuckles) with piece of string - this will be the minimum circumference you need for your bangle
- Grip a ruler in your fist, or measure across the centre of an old bangle that fits you to find the diameter to make your bangle.
- Do a mock up in thin / cheap wire, string, or paper to test the size.

